



## READY! SET! GO! TO KINDERGARTEN

### Ten Things Parents can do to Help Prepare Children for Kindergarten

1. Make reading or story telling a part of every day.

2. Play games with your child; especially those that require children to think.

3. Talk with each other about everything—people, places and events.

4. Let children help with everyday activities and simple chores.

5. Provide a wide range of experiences, such as trips to a zoo, farm, library, parks, and museums.

6. Teach children self-help skills such as zipping, tying, dressing, and eating. Allow them to practice these skills in a supportive environment.

7. Constructive and consistent positive feedback to build self-esteem.

8. Allow children opportunities to color, cut, glue and be creative with paper, playdough, yarn, etc.

9. Encourage children to learn to say the uppercase ABC's, count to 20, write their name in uppercase letters, recognize colors, and know the letters in their name (presented in uppercase letters).

10. Encourage good listening and social skills such as sharing, taking turns, following directions, being polite, being respectful and taking responsibility for their own things.