



# ONLINE RESOURCES FOR TELETHERAPY



## PARENT AND THERAPIST RESOURCES PAGE

<https://mypts.com/>

Click the links to visit and use PTS' parent and therapist online resources, including home activities, resources, and information and links for Teletherapy.

## OT RESOURCES

### HANDWRITING

<http://www.handwritingforkids.com/>  
<https://www.printablepaper.net/>

Free printable handwriting paper and handwriting activities for all ages!

### VISUAL MOTOR AND PERCEPTION

<https://www.digipuzzle.net/main/kids/>  
<https://thewordsearch.com/>  
<https://hiddenpictures.highlights.com/>  
<https://www.baltimoretherapyspot.com/visual-perception-theres-an-app-for-that/>

Try these websites for fun Visual Motor and Visual Perception activities, like word searches, hidden pictures, and puzzles.

### MOVEMENT

<https://www.gonoodle.com/>

Movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!



## SPEECH RESOURCES

Resources and Materials:  
<https://www.speechandlanguagekids.com/>  
Free Speech Therapy Materials.

Articulation:  
<https://www.quia.com/pages/havemorefun.html>  
Fun speech articulation games.

SpeechTx:  
<http://www.speechtx.com/index.htm>. REE activities to motivate and engage children to learn speech, language, and communication skills.



## PT RESOURCES

Online movement and dance videos:  
<https://www.youtube.com/user/MovetoLearnMS>

Yoga video library for kids:  
<https://www.youtube.com/user/CosmicKidsYoga>

HIIT workout for kids:  
<https://www.youtube.com/watch?v=lc1Ag9m7XQo>  
<https://www.youtube.com/watch?v=FrRDG4krjv8>



## BEHAVIORAL HEALTH RESOURCES

Great resource!  
<https://www.pattan.net/videos/>

Tons of information on Mand training  
<http://mand.framewelder.com/>

CPI- Avoiding Power Struggles  
[https://www.youtube.com/watch?v=lzc83\\_xU4ko](https://www.youtube.com/watch?v=lzc83_xU4ko)  
<https://www.crisisprevention.com/Blog/April-2016/How-to-Avoid-Power-Struggles>

Task Analysis  
<http://www.behavioradvisor.com/TaskAnalysis.html>

Hand washing Task Analysis:  
<http://positivelyautism.weebly.com/blog/teaching-handwashing-with-a-task-analysis>