

## Classroom Strategies for Students who Stutter

- Allow time for the student to finish his/her thoughts
- Avoid interrupting or speaking on behalf of the student
- Model slow and relaxed speech
- Allow the student equal opportunity to participate in class discussion
- Avoid telling the student to “slow down” or “relax” when speaking
- Show the student that you are listening by nodding your head and making natural eye contact
- Promote relaxation by working in a class break with stretches or breathing exercises, especially before a stress-provoking activity (e.g., oral report)
- Remain especially alert of bullying from other students
- Model acceptance, patience, and fair treatment of the student
- Allow the student time to “teach” peer(s) about stuttering if appropriate
- Develop a secret signal or nonverbal cue to remind the student to use his/her strategies when speaking
- Stay in touch with your friendly school Speech Pathologist for student-specific strategies