



ACTIVITIES TO ENRICH VISUAL MOTOR DEVELOPMENT

- Rub over stencils of letters, numbers. Use puzzle pieces, leaves, etc.
- Use a finger to trace letters, etc. on a partner's back. What was it?
- Write in the air with large hand movements. Use a flashlight or scarf.
- Use sidewalk chalk to practice letters, numbers, etc.
- Use paintbrush and water to draw on the chalkboard.
- Use a Magnadoodle or other drawing toy. Practice spelling words.
- Use a variety of writing tools. (Different crayons, markers, pencils, colored pencils, chalk, steel roller ball pens.)
- Rainbow writing - trace letters or words in different colored chalk.
- Play with a Spirograph toy.
- Play with an Etch-a-Sketch toy. Make a path from one sticker to another.
- Write letters with a finger in a carpet square.
- Use a vibrating pen.
- Use dot-to-dots and mazes - do first with finger, then with pencil.
- Trace pictures or comic strip characters.
- Place an alphabet strip on the desk for reference.
- Write in colored clay, cornmeal, etc.
- Spell out a word using letter stamps to make each letter.
- Play Pictionary
- Use old scissors with modeling clay or Playdoh. Cut "snakes" into piece.
- Cut thin strips of paper, straws, or ribbons into tiny pieces.
- Use a paper punch to make confetti or a border on a picture or card.
- Make a lacing project with a hole punch.
- Snip edges of paper to make a fringe. (Use tape to mark cutting distance.)
- Cut paper into a spiral. Try a square or triangle.
- Use Legos, blocks, parquetry shapes, etc. to copy a design. Increase number and complexity. Hide it a try to copy it from memory.
- Use a Lite-Brite toy to copy designs, sort colors, and make letters and words