



Vocational Skills to Practice In Secondary Education

The following strategies are skills that can be used to support a student's employability. High School students may participate in vocational placements that can be supported by OT through task analysis. Support students by breaking down the job task into smaller steps to build confidence and achieve success.

Ask the student:

- Ask the student what type of job they would like to participate in after graduation
- Make a list of interests, places, and jobs that excite them
- Discuss the possibilities
- Break down the job into specific tasks or steps that can be completed

Skills to work on:

- Donning/doffing work gloves
- Stacking and carrying boxes with safe body mechanics
- Loading and unloading shelves
- Folding clothes
- Hanging clothes on hangers and placing on wrack
- Signing in and out on a log sheet while writing in the designated space
- Following a checklist &/or recipe
- Engaging the zipper and buttons on jackets and work shirts
- Using appropriate force for work tools (hole punch, squirt bottle, hose, etc.)
- Using a push broom and dustpan